

Anaemia (Bloedarmoede) Tea 160g

This Stinging Nettle tea mixture will not just give the red blood cells a much needed iron boost, but makes an excellent tonic as it increases haemoglobin levels.

Arthritis (Artritis) Tea 160g

Our arthritis herbal mixture is one of our oldest and best selling herbal tea mixtures. A strong blend of nine indigenous herbs, harvested in the mountains of Montagu and our medicinal herb gardens, this herbal tea helps reduce aching and swollen joints. It relieves stiffness, and is effective in the fight against joint inflammation.

Asthma (Asma) Tea 160g

Suffering from throat irritation, chest pain, shortness of breath at night which disturbs your sleep? This tea contains a bouquet of herbs, opening the airways, clears up mucus and clears the lungs. Go on, you deserve a good night sleep.

Backache (Rugkwale) Tea 160g

Alleviate back pain associated with osteoporosis, arthritis and strained muscles, by enhancing bone mineral density.

Bladder Complaints (Blaaskwale) Tea 160g

A herbal tea extremely effective in the alleviation of cystitis, overactive bladders and UTI's.

Blood Circulation (Bloedsomloop) Tea 160g

A herbal tea aiding the circulatory system by increasing blood flow thus transporting oxygen and nutrients effectively.

Blood Purifier (Bloed Suiweraar) Tea 160g

Detox the blood system the natural way. Blood cleansing not

only boosts the immune system, but makes the major organs work at their optimum.

Boils (Pitswere) Tea 160g

A herbal tea consisting of plants with anti-inflammatory properties. Fights the pain associated with boils and helps reduce substances that cause inflammation.

Buchu Tea 40g

This power herb boasts many beneficial properties. It is rich in antioxidants, aids in digestion and used to treat inflammation. It's diuretic benefits assist in flushing the body of harmful toxins.

Bulbine Cream 150ml

Our Bulbine cream offers relief from midge and mosquito bites, bee and other insect stings as well as eczema

Cancer (Kanker) Tea 160g

This herbal tea does not cure cancer. The addition of Sutherlandia to the mixture aids in prevention and treatment of cancer.

Cancer Bush 50g

Known for its many health benefits, Cancer Bush is used to aid in boosting the immune system, reducing inflammation and cleansing the blood. Drink this on it's own or mix a teaspoon with any of our other tea blends.

Chest Complaints (Borskwale) Tea 160g

A herbal tea aiding in the opening of the airways and assisting with chronic respiratory problems like bronchitis.

Cholesterol Tea 160g

For the high cholesterol sufferer. Let the benefits of Thyme and Helichrysum increase good fats and promote blood

circulation.

Colds & Flu (Verkoue & Griep) Tea 160g

A heady mixture of herbs that fight the symptoms of colds and flu, boost the immune system and tastes so good.

Comfrey Cream 150ml

Traditionally used for rough and damaged skin, burns and pain.