

Heartburn (Sooibrand) Tea 160g

A herbal mixture that soothes the digestive tract, and aids in the irritating effect of stomach acid.

High Blood (Hoe Bloeddruk) Tea 160g

Keeps the blood flowing through healthy veins. This herbal mixture contains Thyme which for years has been used for opening of arteries and increasing blood circulation.

Hot Flush Menopause (Warmgloede) Tea 160g

This herbal tea brings definite results. A mixture of indigenous herbs only, helps with hot flushes and is great for nightsweats. Some women also experience its mood enhancing effects.

Impotence (Impotensie) Tea

160g

Relax. Why not try the natural way to fire up the system. It improves blood flow and acts on cells to improve erection.

Indigestion (Slegte Spysvertering) Tea

160g

Calm uneasiness of the stomach with this herbal mixture. These herbs have an antispasmodic effect on the tummy and will also help ease nausea associated with indigestion

Infections (Infeksie) Tea

160g

A herbal tea mixture consisting of plants with antibiotic properties. This tea can be taken in the fight against any type of infection. Let the body be ready for the fight against bacteria.

Insomnia (Slaaploosheid) Tea

160g

A herbal tea taken an hour before bedtime. Contains *Chironia baccifera* known to induce sleep. This herbal tea brings calmness, ensuring a good night's rest.

Kidney Ailments (Nierkwale)

Tea 160g

Call this herbal tea mixture the ultimate kidney detox. For any kidney related ailments, drink up. Boosts the kidneys to work at their optimum.

Liver Ailments (Lewerkwale)

Tea 160g

A herbal tea blended with Stinging Nettle. Experience the positive effect of this tea on the liver and bile, whilst also getting your fix of iron.

Lung Ailments (Longkwa) Tea 160g

A herbal tea aiding in clearing of bronchial tubes and opening of lung arteries. It helps clear the build up of fluid in lungs, thus making breathing easier. A good tea for smokers, bronchitis and pneumonia sufferers.

Migraine Tea 160g

Suffering from headaches that threaten to ruin your whole day? This herbal tea mixture should be part of your daily routine in the combat to fight the debilitating symptoms of a migraine. The mixture contains herbs with pain-alleviating properties. It soothes and relaxes, making it a must for people constantly suffering with migraines.

Prostate (Prostaat) Tea 160g

A herbal tea mixture that aids in good prostate health. Our prostate tea is recommended for men suffering from prostatitis, as it contains herbs with anti-inflammatory properties and eases symptoms like painful urination.

Shingles (Gordelroos) Tea

160g

A carefully prepared herbal mixture consisting of plants known for their anti-viral properties. This tea cleanses from within, relieving the itch and burn associated with shingles.

Sinus Tea 160g

Say goodbye to blocked and irritated sinuses. This tea naturally clears the nasal passages, where the build-up of germs and impurities cause inflammation of the sinus tissue linings. Keep sinuses healthy and filled with air the natural way.

Slimming (Verslanking) Tea

160g

Drink this tea in conjunction with a healthy lifestyle as it accelerates metabolism for a quicker fat burn. Lose weight with the added benefit of the herbs promoting perspiration, acting as a diuretic, boosting the digestive system and reducing bloatedness.

Spastic Colon (Spastiese Dikderm) Tea 160g

For those that have been diagnosed with irritable bowel syndrome. This herbal mixture is made of a blend of herbs that alleviates indigestion, aids in the treatment of internal cancer and which is issued as an anti-inflammatory. This blend promotes overall good gut health.